



North Cumberland Elementary Cheer Spirit Sprint-5K Race

Benefits the North Cumberland Elementary School Cheerleading Teams

Date, Time, and Place: **Saturday April 30, 2016, 8 a.m.** C.S.T. (Registration will begin at 7:00 a.m.) State Route 462, Northside Drive (New Bypass connecting Sparta Highway and 70N), Crossville, TN 38555

Course Description: 5K route will begin at the Southern traffic signal/intersection of Northside Drive. Course travels Northside Drive (State Route 462) part-way north, turning around and finishing at the starting point. **Parking available on the sides of SR462, Northside Drive, the entrance by Sparta Highway.**

Registration & T-Shirts: All pre-registered runners will receive a Gildan performance moisture wicking tech t-shirt. Late registrations (**after Apr. 1**) will receive a shirt as long as supplies last. Pre-registrations must be postmarked by **April 1**.

5K Awards: Awards to the top overall male/female winners. Awards 3-deep to males and females in: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+. Overall winners are not eligible for age division awards.

Prize given for the best dressed, most spirited runner. Show your support for your favorite team: elementary, high school, college or professional sports. Wear your team shirt and/or colors with pride! Walkers are welcome, too.

*******\$100 Donated to the school track team with the most participants.*******

For more information, call Amanda Dodson Houston at 931-707-7638. Email: ncespirit@gmail.com

Registration Form

Last Name _____ First Name _____

Age _____ (on race day) DOB ____/____/____ Male / Female (circle one)

Mailing Address _____ School Track Team (if applies) _____

City _____ State _____ Zip Code _____

Phone number _____ Email _____

Tech T-Shirt: Adult: S _____ M _____ L _____ XL _____ XXL _____ **Youth:** M _____ L _____

Entry Fee: \$20 Postmarked by April 1, 2016 and \$25 after April 1, 2016. Student price for early registration, grades K-12 is \$15. Note your school track team for the track team participation contest. \$100 given to track team with the most participants.

Complete form and return with a check made payable to NCE Cheer Booster.

Mail to: NCE Cheer Booster Club c/o Melissa Bryant, 4247 Potato Farm Rd, Crossville, TN 38571

Waiver: I know that participating, as a runner in races is a potentially hazardous activity. I should not enter nor participate in the Spirit Sprint unless I am medically able. I, by entry into this event, release for myself, my heirs, executors, and administrators, and anyone on my behalf, all organizers and sponsors affiliated with this event, their employees, agents and/or representatives, including but not limited to North Cumberland Elementary School, NCE Cheer Booster, the City of Crossville and Cumberland County, and all sponsors of the NCE Spirit Sprint, their representatives and successors, from all claims or liabilities of any kind of nature whatsoever arising out of my voluntary participation. I understand that SR 462 adjoining areas will not be closed to traffic during the 5K race. I know that running is potentially dangerous and I assume all risks. I have been warned that I must be in good health to participate in this event and I attest and verify that I am physically fit and have sufficiently trained for this event. NCE Cheer Booster also reserves the right to use any photographs of the event for marketing and promotion.

Signature _____ **Date** _____

(If under 18, parent/guardian signature)

CANCELLATION POLICY: Entry fees are non-refundable & entries are non-transferable. Event held rain or shine.

